



Northeast Valley Health Corporation

California center

6551 Van Nuys Blvd. 2nd Flr,
van Nuys, CA 91401,,1490

Phone: (818)765-8656 Fax: (818)765-6982
www.nevhc.org

Patient: **ANTHONY
ALDRICH**

Date of Birth: 07/08/1973
Date: 06/22/2022 11:50 AM

Visit Type: Office Visit

This 48 year old male presents for Episodic.

History of Present Illness

This 48 year old male presents for Episodic.

1. Episodic

clearance to donate blood and pt has concerns about weight loss

2. Weight gain

Additional information: Pt notes "I weigh more than I ever have". Notes has spent much of the past few years "recovering from surgeries" and has not been able to exercise much. Admits to drinking sugary drinks on a regular basis.

3. Form for plasma donation

Screening Tools

Other Screenings

Encounter Performed	Screening Tool	Score	Severity/	MOD	Scanned
Date	Date		Interpretation	Classification	Document
06/22/2022	06/22/2022 Patient Health		Negative		
	Questionnaire (PHQ-9)		screening		
06/22/2022	06/22/2022 TB Risk Assessment	1	Patient is at risk for TB. No previous positive TST documented,		

SELF MANAGEMENT GOALS:

Problem	Goal	Confidence	Target Date	Status	Last Updated
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Medication Name	Slg Description	Start Date	Stop Date	Refilled	Rx Elsewhere
11/29/2023 WED valacyclovir 500 mg tablet	FAX 8187634448 4 tab PO PRN herpes lip outbreak	07/26/2021			
	have e balanced meal 3 for lunch and dinner everyday		08/31/2022	new	05/25/2022

Medications (active prior to today)

115
meloxicam 15 mg tablet take 1 tablet by oral route 04/18/2022 04/18/2022 N every day

Medication Reconciliation

Medications reconciled today.

Medication Reviewed

Adherence	Medication Name	stg Desc	Elsewhere Status
taking as directed	valacyclovir 500 mg tablet	4 tab PO PRN herpes lip outbreak	Verified
taking as directed	metoxicam 15 mg tablet	take 1 tablet by oral route every day	Verified

Allergies

Ingredient . Reaction (Severity)

Medication Comment
Name .

PENICILLINS

Reviewed, no changes,

Vital Signs

Time	BP	Pulse	Resp	Temp F	Htft	Ht in	Htcm	Wt lb	Wt kg	BMI	BSA m2	O2
	mm/Hg	/min	/min	.	.	.	.	.	.	kg/m2	.	sat%
11:47	128/84	58		96.2	5.0	9.00	175.26	212.60	96.434	31.40	2.17	
AM												

Measured by

Time Measured by
11:47 AM Rosaelia Gonzalez MA

Screening Summary

Pain is described as 0/10. Evaluated pain score with Numeric Pain Intensity Scale.

There are no indicators of domestic abuse present.

The following were reviewed: tobacco use, alcohol use, caffeine use and drugs of abuse 0

Questionnaire
(PHQ,,9)
TB Risk
Assessment

screening

Patient is at 1
risk for TB, No
previous
positive TST
documented.

Assessment/Plan

- | # | Detail Type | Description |
|----|---------------|---|
| 1. | Assessment | Encounter for routine laboratory testing (Z01.89). |
| | Plan Orders | PT/tNR to be performed. |
| 2. | Assessment | Class I obesity due to excess calories without serious comorbidity with body mass index (BMI) of 31.0 to 31.9 in adult (E66.09). |
| | Impression | Pt has Increased 20 lbs in past 18 months, Admits to drinking sugary drinks on a regular basis.. |
| | Patient Plan | Encourage daily wt reduction CH20-controlled diet/exercise, avoidance of sugary drinks/drink mainly water |
| | Provider Plan | Encourage daily wt reduction CH20uncontrolled diet/exercise, avoidance of sugary drinks/drink mainly water |
| 3. | Assessment | Encounter for review of form with patient (Z02.89). |
| | Impression | Form requesting to r/o bleeding disorder prior to accepting plasma from pt.. |
| | Patient Plan | To lab today
Keep apptmt in clinic, bring in form at that time |
| | Provider Plan | RTC in 1 wk.
To lab,
Education: Education provided considers health literacy level. Patient states/demonstrates understanding of the assessment, plan, and health education provided. |
| | Plan Orders | follow-up visit I Week. Reason for referral: Completion of form. |
| 4. | Assessment | Body mass index (BMI) 31.0-31.9, adult (268.31). |

Medications (Added, Continued or Stopped today)

Start Date	Medication	Directions	PRN Status	PRN Reason	Instruction	Stop Date
04/18/2022	meloxicam 15 mg tablet	take 1 tablet by oral route every day 4 tab	N			
07/26/2021	vatacyclovir 500 mg tablet	PO PRN herpes lip outbreak	N			

Counseling / Educational Factors

Counseling / educational factors reviewed.

The patient was checked out at 8:30 AM by Rosaelia Gonzalez MA.

11/29/2023 WED

FAX 8187654548

Active Patient Care Team Members

Name	Contact	Agency	Support	Relationship	Active Date	Inactive Date	Specialty
ANTHONY ALDRICH			Emergency Contact	Father			
Jeannie umanzor			Patient provider	PCP			

Provider: Glenn Lopez MO 06/23/2022 08:37 AM

Document generated by: Glenn Lopez MD 06/23/2022 08:31 AM

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Electronically signed by Glenn Lopez MD on 06/27/2022 06:23 PM

ALDRICH, ANTHONY 000000598396 07/08/1973 10/12/2023 02:00 PM

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Patient: ANTHONY ALDRICH

Date of Birth: 07/08/1973

Date: 10/12/2023 02:00 PM Visit Type: Office Visit

This 50 year old male presents for f/u.

History of Present Illness:

Pt with numerous questions about vaccine history. States that he developed constitutional symptoms of fatigue, occasional dizziness, and "not feeling like myself" starting in 2018. Pt believes he had vaccines around that time and thinks this may have been the reason. Reviewed vaccines administered at that time. Pt also has hx MVA, denies memory but believes that thinking is slower and he is more easily confused since that time.
pt lives in LA but is currently out of town and cannot come to clinic for evaluation

SELF MANAGEMENT GOALS:

Problem	Goal	Confidence	Target Date	Status
Problem: not eating a balanced meal	Last Updated have a balanced meal 3 times a day	3	08/31/2022	not met
	for lunch and dinner everyday limit pastries to 3		12/14/2022	new
	08/31/2022 3Wweek walk everyday 30-45 min	3	12/14/2022	new
	08/31/2022			

SOCIAL HISTORY (Reviewed, updated)

Tobacco use reviewed,

Preferred language is English.

The patient does not need an interpreter,

MARITAL STATUS/FAMILY/SOCIAL

SUPPORT Currently single.

Smoking status: Never smoker.

SMOKING STATUS

Use Status Type	Smoking Status	usage Per Day	Years Used	Total Pack Years
no/never	Never smoker			

ALDRICH, ANTHONY 0000005983% 07/08/1973 06/22/2022 1 1:50 AM 5/5

11/29/2023 WED

FAX 8187654548

CAFFEINE

The patient uses caffeine; coffee - 3 cups a day.

1/3

Advance Directives

Reviewed

Medications (active prior to today)

Medication Name	Sig Description	Start Date	Stop Date	Refilled	Rx
valacyclovir 500 mg	4 tab PO PRN herpes lip outbreak	07/26/2021	tablet		Elsewhere
meloxicam 15 mg tablet	take 1 tablet by oral route	04/18/2022	every	04/18/2022	N
day hydroxyzine HCl 25 mg	take 1 tablet by oral route	4 // tablet			
times every day prednisone 20 mg tablet	take 1 tablet by oral route	2 // times every day			
amoxicillin 125 mg chew	2 tablet by oral route	// chewable tablet every 8 hours			

Allergies

Ingredient	Reaction (Severity)	Medication
PENICILLINS		

Review of Systems

REVIEW OF SYSTEMS:

System	Neg/Pos	Details
Constitutional	Positive	Fatigue.
Constitutional	Negative	Fever.
ENMT	Negative	Nasal drainage, Sinus pressure and Sore throat
Respiratory	Negative	Cough and Dyspnea.
Cardio	Negative	Chest pain, Edema and Irregular heartbeat/palpitations.
	Negative	Abdominal Pain, Diarrhea, Nausea and Vomiting.
GU	Negative	Dysuria and Hematuria.
Neuro	Positive	Dizziness.
Integumentary	Negative	Rash.

Screening Summary:

There are no indicators of domestic abuse present

The following were reviewed: tobacco use, alcohol use, caffeine use and drugs of abuse

Physical Exam

Exam	Findings	Details
Psychiatric	Normal	Appropriate mood and affect, Normal insight, Normal judgment.

Assessment/Plan

#	Detail Type	Description
1.	Assessment	Fatigue, unspecified type (R53.83).
	Patient Plan	You describe symptoms that could be cause by many disorders, medical or psychiatric.

2/3

152 12

For this reason, diagnosing an underlying cause can be difficult.
 We do not associate these symptoms with vaccines.
 Your lab work has also not shown a likely cause of these symptoms
 Recommend face to face for evaluation, lab work. can consider brain MRI considering cognitive changes and history of MVA Please come to clinic when available
 If symptoms worsen, go to ER

Provider Plan Education: Education provided considers health literacy level. Patient states/demonstrates understanding of the assessment, plan, and health education provided.

Plan Orders follow-up visit As needed As Needed, Reason for referral: As needed.

2. Assessment Dizziness 842).

Medications (Added, Continued or Stopped today)

Start Date	Medication	Directions	PRN	PRN Reason	Instruction	Stop Date	Status
	125 mg chew	2 tablet by oral		Nonchewable tablet	route every 8 hours		amoxicillin
	HCl 25	take 1 tablet by oral		Nonmg tablet	route 4 times every day		hydroxyzine

04/18/2022 meloxicam 15 mg take 1 tablet by oral Non-tablet
 route every day prednisone 20 mg take 1 tablet
 by oral Non-tablet route 2 times every day

07/26/2021 valacyclovir 500 4 tab PO PRN herpes Nonmg
 tablet tip outbreak Counseling / Educational Factors

Counseling / educational factors reviewed.

The patient was checked out at 2:53 PM by Edgar Farfan MA.

Provider: Eric Williams NP NP 70/73/202.3 0.9536 PM

Document generated by: Eric Williams 10/13/2023 03:36 PM

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Electronically signed by Eric Williams NP NP on 10/20/2023 10:25 AM

ALDRICH, ANTHONY 0000005983% 07/08/1973 01/13/2022 01:20 PM 2/4

11/29/2023 WED

FAX 8187654548

313

ALDRICH, ANTHONY 000000598396 07/08/1973 10/12/2023 02:00 PM